

Regular Season Rules & Regulations

SECTION 2 STUDENT ATHLETE ELIGIBILITY

1. Student-Athlete Eligibility-

- 1.1. To be eligible for any level of NCISAA competition, a student must be enrolled as a full-time student in an NCISAA member school. Full time student is defined as taking 60% or more of scheduled classes at the NCISAA member school at which they are enrolled.

2. Student-Athlete Housing-

- 2.1. Non-family student athletes may not reside with a coach of the sport in which they both participate during the school year.

3. Enrollment-

- 3.1. To be eligible to participate in non-football sports in the NCISAA, students must be enrolled in grades 7 through 12 and recorded on the official school roster.
- 3.2. Athletes playing football must be in grades 9 through 12 only.
- 3.3. No student who has received the appropriate number of credits, at their current school to graduate or a high school diploma or the equivalent of a high school diploma will be eligible to participate in NCISAA activities.
- 3.4. The official school roster should be based on enrollment on September 1 of that school year.
- 3.5. Name, grade and the date of birth must be included on the roster which must be submitted to the NCISAA office postmarked no later than September 15.

4. Late Enrollees-

- 4.1. Students who enroll after September 15 but wish to play sports must notify the NCISAA Business Office in writing by the following deadline dates:

| TABLE 1: | |
|----------|---------------------------|
| Season | Deadline |
| Fall | Third Monday in September |
| Winter | Third Monday in January |
| Spring | Third Monday in April |

- 4.2. All new enrollees must be reported to the NCISAA office regardless of their intent to participate in athletics.
- 4.3. The sample roster can be found in the Action Guide/Forms section on the NCISAA website.

5. Date of Birth-

- 5.1. No player shall reach his/her 19th birthday before Aug. 1 of the current school year.
- 5.2. Upon request of the NCISAA office, member schools will be expected to produce proof of the date of birth for students in grades 7-12 in the form of a certified copy of the birth certificate, military ID, or passport.

6. Grade Status-

- 6.1. Eligible students must be successfully progressing toward graduation with the expectation of meeting all graduation requirements.
- 6.2. Under special circumstances, a student may also take college courses while pursuing his/her high school diploma.
- 6.3. Home schooled students are not eligible for NCISAA competition.

7. Six Semester Rule-

- 7.1. A student may participate in athletics in no more than six consecutive semesters or nine trimesters after initially enrolling in the 10th grade of any NCISAA school.
- 7.2. A student may participate in athletics in no more than four consecutive semesters or six trimesters after initially enrolling in the 11th grade of any NCISAA school.
- 7.3. A student may participate in athletics in no more than two consecutive semesters or three consecutive trimesters after initially enrolling in the 12th grade at any school, regardless of whether he/she remains continuously enrolled.
- 7.4. A student transferring from one NCISAA school to another NCISAA school at any time during the school year and prior to January 1 would be considered to have used up one semester or two trimesters of athletic eligibility for that school year.

8. Gender Policy-

- 8.1. Except as provided for in a particular sport under the Sports Specifics section of this Handbook, participation by boys in girls' sports and girls in boys' sports in any event hosted and/or sponsored by any NCISAA school is prohibited.
- 8.2. Gender is determined by the student's official birth certificate.

9. JV/Middle School Athletes-

- 9.1. JV or Middle School athletes may be moved up to participate in NCISAA playoff competition provided they are listed on the school's enrollment roster by the dates shown above for each sport season.
- 9.2. In team sports with individual qualifications, i.e., tennis, golf, cross country, track and swimming, athletes must have competed in a minimum of four varsity contests in that sport to be eligible for participation in NCISAA state championships.

10. Ineligible Player Penalty-

- 10.1. Schools allowing an ineligible player to participate in any event will be assessed a minimum of \$1,000 for the first offense and a \$2,500 fine for each subsequent offense.
- 10.2. Additional penalties may be levied by the Executive Director.

11. Transfers-

- 11.1. NCISAA students who transfer to a different NCISAA school during their senior year will not be eligible to participate in athletics. Furthermore, a student in their twelfth grade year will not be eligible to reclass.
- 11.2. The NCISAA requires a Transfer of Eligibility Form to be completed before a student may transfer from one NCISAA school to another NCISAA school throughout the year.
- 11.3. A student may not participate in athletics if the student is transferring after undue influence.
- 11.4. This prohibition of participation may be lifted following an NCISAA investigation.
- 11.5. A copy of the completed form must be sent completed online on the Action Guide/Forms section of the NCISAA website.