



PRESS RELEASE

NCISAA Update on Fall Sports

The NCISAA has delayed the start of interscholastic competitions. The State Office, in conjunction with the Board of Advisors has established the following target dates for low (cross country, girls golf, tennis) and moderate (field hockey, soccer, volleyball) risk sports to begin the Fall Sport Season. These dates are contingent on the state of North Carolina being in Phase III.

Date	Marker	Allowable Activities
August 10, 2020	<b>Full Practice Begins</b> <ul style="list-style-type: none"> <li>Fall Sports</li> <li>If the state of NC is in Phase 3</li> </ul>	Fall Acclimatization Policy must be applied
August 10, 2020	Fall Dead Period (Cont); <ul style="list-style-type: none"> <li>Winter and Spring Sports</li> <li>Ends on Aug. 31st</li> </ul>	Normal activities are allowed per NCISAA Rules & Regulations
August 24, 2020	<b>Scrimmages Are Permitted</b> <ul style="list-style-type: none"> <li>Fall Sports (except Football)</li> </ul>	
August 31, 2020	<b>Interscholastic Competitions Are Permitted</b> <ul style="list-style-type: none"> <li>Fall Sports (except Football).</li> </ul>	

Notes:

- All dates above are subject to change.
- Football (a high risk sport) games are being postponed until at least September 4. The State Office will meet with football-only schools the week of July 27 to discuss alternative plans and dates.
- Aug. 3 - Return-To-Play Minimum Standards will be released. These standards will include but are not limited to:
  - Health Screening
  - Sports Specific Modifications
  - Spectator Attendance
  - Locker Rooms
  - Masks
  - Social Distancing
  - Etc...