

Pediatric patient with history of COVID-19 infection AND asymptomatic for >14 days

Asymptomatic or Mild Symptoms
(no fever, no fever <3 days of symptoms)

Clear for participation

Moderate symptoms
(prolonged fevers and bedrest, no hospitalization, no abnormal cardiac testing)

Age <12 years

Clear for participation

Age >12 years, high intensity competitive sports participation or physical activity

ECG prior to Participation

Normal ECG

Clear for participation

Abnormal ECG

Evaluation by peds cardiologist & testing as dictated by the abnormal ECG

Concern for myocarditis

Severe Symptoms
(hospitalized, abnormal cardiac testing, multisystem inflammatory syndrome in children (MIS-C))

Follow myocarditis return to play guidelines:
1. Testing ECG (echocardiogram, 24-hour Holter monitor, exercise stress test +/-, cardiac MRI).
2. Exercise restriction for 3-6 months

