Pediatric patient with history of COVID-19 infection AND asymptomatic for >14 days

**Asymptomatic or Mild Symptoms**
(no fever, no fever <3 days of symptoms)

- Clear for participation

**Moderate symptoms**
(prolonged fevers and bedrest, no hospitalization, no abnormal cardiac testing)

- Age <12 years
  - Clear for participation
- Age >12 years, high intensity competitive sports participation or physical activity
  - ECG prior to Participation
  - Normal ECG
    - Clear for participation
  - Abnormal ECG
    - Evaluation by peds cardiologist & testing as dictated by the abnormal ECG
    - Concern for myocarditis

**Severe Symptoms**
(hospitalized, abnormal cardiac testing, multisystem inflammatory syndrome in children (MIS-C))

- Follow myocarditis return to play guidelines:
  1. Testing ECG (echocardiogram, 24-hour Holter monitor, exercise stress test +/-, cardiac MRI).
  2. Exercise restriction for 3-6 months
- Clear for participation

**Concern for myocarditis**
Evaluation by pediatrics cardiologist & testing as dictated by the abnormal ECG

**Normal ECG**
Clear for participation

**Abnormal ECG**
Clear for participation