



“AFR” Education Requirements

Athletic Directors must attest that anyone designated to work as an Athletic First Responder (AFR), must meet the following **annual** criteria prior to providing oversight or medical coverage at NCISAA athletic practices or competitions.

Each AFR must have:

- First Aid, CPR, and AED Certification

- Complete the 5 NFHS Courses: FREE (certificates)
 - NFHS The Collapsed Student Athlete
 - NFHS Communicable Skin Infections
 - NFHS Sudden Cardiac Arrest
 - NFHS Heat Illness
 - NFHS Concussion in Sports

- Complete NCISAA Health & Safety Education Course: (Zoom with SMAC Reps.)
 - Current student participation requirements - PPE, Consent, G-W form
 - Heat Acclimatization Policy
 - Heat and Humidity Guidelines, Treatment, WBGT Documentation
 - NC State Law – Gfeller-Waller Compliance (players, parents, coaches)
 - Diabetes
 - Wrestling Weight Management and Skin Screening
 - EAP's, Training, Practicing, Coaches CPR/FA/AED
 - Lightning Protocol
 - Equipment expectations

*Athletic Directors are encouraged to attend any of the NCISAA Health & Safety Education Courses for AFR's. We hope AD's will join to support their staff.